



## Honey flapjacks

Oven: 180 deg C/160 Fan/Gas 4

Cake tin: 20cmx30cm (8in x 12in) greased

### Ingredients:

200g butter

200g demerara sugar

200g honey

400g porridge oats

50g dried fruit

### Method:

- \*Put butter, sugar and honey in a pan and heat, stirring occasionally, until the butter has melted and the sugar is dissolved
- \*Add the oats and the dried fruits and mix well
- \*Transfer the mixture into the cake tin, spread and smooth it down with the back of a spoon.
- \*Bake in the pre-heated oven for 15-20 mins, until lightly golden around the edges, but still slightly sticky in the middle.
- \*Let it cool , then turn out and cut into squares.